



# SHORT COURSES

**The Skills Network offers a range of short courses to help you with your Continued Professional Development (CPD).**

Gain access to exciting and flexible online learning content, and study where you like and when you like. All of our short courses are delivered online and are auto-marked, meaning that feedback is instant.

Our short, bite-sized CPD courses are interactive and engaging, and take on average just two hours to complete.

## **Benefits:**



A great addition to your CV to show commitment in a chosen industry and beneficial for improving overall general knowledge

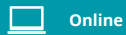


Study online with auto-marked assessments. This programme can be completed in your own time.

Click here to Apply:

<https://learnwithunitecpd.theskillsnetwork.com/>

# SHORT COURSES



Online



Paper-based



Paper-based with  
online assessments



Fully funded



Advanced Learner Loan



Full cost

## Childcare and Education

	Principles of Internet Safety						
	Safeguarding Adults and Children						

## Business, Leadership and Management

	Conflict Management						
	Discipline in the Workplace						
	Induction of New Staff						
	Leading and Motivating a Team						
	Organising and Delegating						
	Performance Management						
	Planning and Allocating Work						
	*Solving Problems and Making Decisions						
	Stress Management						
	Understanding Leadership						

## Health and Safety

	COSHH Risk Assessment						
	DSE Risk Assessment						
	Fire Safety Principles						
	Health and Safety in the Workplace						
	Manual Handling Safety at Work						
	Prevention and Control of Infection						

## Health and Social Care

	Alcohol Awareness						
	Dementia Awareness						
	Safeguarding Adults and Children						
	Sexual Health Awareness						
	Substance Misuse Awareness						
	Understanding Anxiety						
	Understanding Depression						
	Understanding Eating Disorders						
	Understanding Stress						
	Understanding the Safe Handling of Medication						
	Mental Health Awareness						
	Mental Capacity Act						

## Retail and Hospitality

	Prepare to Deliver Excellent Customer Service						
	Food Safety Awareness						

## Personal Development and Employability

	Essentials						
	GDPR						
	Induction Essentials						
	First Aid Programme						
	Introduction to First Aid - Zone 1						
	Introduction to First Aid - Zone 2						
	Introduction to First Aid - Zone 3						
	Introduction to First Aid - Zone 4						
	Personal Money Management						
	Rights and Responsibilities						
	Understanding Equality and Diversity						

## Health and Fitness

	Explore the Principles of Healthy Eating						
	Principles of Weight Management						
	Understand the Principles of Exercise and Fitness						